




January 2019
Malta House Assisted Living
4916 LaSalle Road, Hyattsville, MD
Tel: 301-699-8600



HAPPY WINTER!

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>“And now we welcome the new year. Full of things that have never been.” Rainer Maria Rilke</p>		<p>1 New Year's Day Solemnity of Mary the Mother of God 11:00 Mass 1:00 College Bowl Games 3:00 Tea & Treats 6:30 What's Your January IQ?</p>	<p>2 Slow Down Day 10:00 Walking Club 3:00 Tea & Treats 3:30 "What Am I?" 6:30 Brain Drain</p>	<p>3 Festival of Sleep Day 10:00 Sittercise 3:00 How Sleep Keeps Us Healthy 4:30 Murriah Time 7:30 Jeopardy</p>	<p>4 Gravity Day 10:00 Sittercise 3:00 Tea & Treats 5:00 Mass 7:00 Friday Night Movie</p>	<p>5 Twelfth Night 9:30 1st Saturday w/ The Order of Malta 1:30 Book Club w/ Marsha 3:00 NFL Wild Card 6:30 Bingo</p>
<p>6 Feast of the Holy Family 10:30 Face The Nation 3:00 Mass 4:00 NFL Wild Card 5:00 Caps v. Red Wings 7:00 60 Minutes</p>	<p>7 College National Football Championship 10:30 Book Club w/ Marsha 3:00 Tea & Treats 5:00 College Championship 6:30 Monday Night Trivia</p>	<p>8 Happy Birthday Elvis 9:45 Exercise w/ Pat 10:00 Bus Trip 10:30 PGCC Music w/ Pam 1:30 Bus Trip 3:30 Remember Elvis</p>	<p>9 Word Nerd Day 10:00 Walking Club 2:45 PGCC Spanish w/ Edite 3:30 Tea & Treats 6:30 Brain Drain</p>	<p>10 Forever Young Day 10:00 Sittercise 1:30 PGCC Current Events w/ Vince 4:30 Murriah Time 7:30 Jeopardy</p>	<p>11 Cuckoo Dancing Day 10:00 Sittercise 3:00 Tea & Treats 3:30 Cuckoo Dancing 5:00 Mass 7:00 Friday Night Movie</p>	<p>12 Dozens Day 10:30 Book Club w/ Marsha 3:00 NFL Division Round 6:30 Bingo</p>
<p>13 Frisbee Day 10:30 Face The Nation 3:00 Mass 4:00 NFL Division Round 7:00 60 Minutes</p>	<p>14 Soup du Jour Day 10:30 Book Club w/ Marsha 3:00 Tea & Treats 6:30 Monday Night Trivia</p>	<p>15 Strawberry Ice Cream 10:00 Bus Trip 10:30 PGCC Music w/ Pam 3:00 Ice Cream Treats 3:30 What's Your Ice Cream Personality 4:30 Mass</p>	<p>16 National Nothing Day 10:00 Walking Club 11:00 Doing Nothing 2:45 PGCC Spanish w/ Edite 3:45 Snack 6:30 Brain Drain</p>	<p>17 Happy Birthday Benjamin Franklin 10:00 Sirttercise 1:30 PGCC Current Events w/ Vince 3:30 About Benjamin Franklin 4:30 Murriah Time</p>	<p>18 Hawaii Day 10:00 Sittercise 3:00 Hawaii Facts & Trivia 5:00 Mass 7:00 Friday Night Movie</p>	<p>19 Popcorn Day 10:30 Book Club w/ Marsha 3:00 Tea & Treats 6:30 Bingo 7:00 NFL Conference Championship</p>
<p>20 Penguin Appreciation Day 10:00 Mass 12:30 Caps v. Black Hawks 3:30 Fun Penguin Facts 7:00 NFL Conference Championship</p>	<p>21 Martin Luther King, Jr. 10:30 Book Club w/ Marsha 3:00 Celebrate MLK 3:30 Tea & Treats 6:30 Monday Night Trivia</p>	<p>22 Tone it Up Tuesday 9:45 Exercise w/ Pat 10:00 Bus Trip 10:30 PGCC Music w/ Pam 1:30 Bus Trip 3:30 Tea & Treats 4:30 Mass</p>	<p>23 National Pie Day 10:00 Walking Club 2:45 PGCC Spanish w/ Edite 3:45 Snack 6:30 Brain Drain</p>	<p>24 Peanut Butter Day 10:00 Sittercise 1:30 PGCC Current Events w/ Vince 3:30 Tea & Treats 4:30 Murriah Time</p>	<p>25 Opposites Day 10:00 Sittercise 12:30 Seminarrians 3:00 Tea & Treats 5:00 Mass 7:00 Friday Night Movie</p>	<p>26 Green & Healthy Day 10:30 Book Club w/ Marsha 3:00 Green & Healthy Smoothie 6:30 Bingo</p>
<p>27 Pro Bowl Sunday 10:00 Mass 3:00 Pro Bowl 7:00 60 Minutes</p>	<p>28 Marshmallow Monday 10:30 Book Club w/ Marsha 3:00 Tea & Treats (Smores) 6:30 Monday Night Trivia</p>	<p>29 Happy Birthday Oprah! 10:00 Bus Trip 10:30 PGCC Music w/ Pam 1:30 Bus Trip 3:00 Oprah Facts & Wisdom 4:30 Mass</p>	<p>30 Wayfinding Wednesday 10:00 Walking Club 2:45 PGCC Spanish w/ Edite 3:45 Snack 6:30 Brain Drain</p>	<p>31 Backward Day 10:00 Sittercise 1:30 PGCC Current Events w/ Vince 4:30 Murriah Time 7:30 Jeopardy</p>	<p>In January we celebrate. . . New Beginnings Football Fever Penguins Snowmen Trivia Mittens & Mufflers</p>	