

March 2019

Malta House

4916 La Salle Rd, Hyattsville, MD 20782 – Phone: 301-699-8600



This month we celebrate:

St. Patrick's Day

1st Day of Spring

Women's History Month

Anointing Mass

Mardi Gras Celebration

Ash Wednesday

Lent

Dear Family and Friends:

All of us can hardly wait for Spring.

It has been a long Winter! Our daffodils are just about to bloom! We are working on improving our garden. It will be more accessible to everyone and have raised beds, trellises and a vertical garden.

Our kittens have grown up and are looking for homes. Please let us know, if you know anybody who would like a Malta kitten.

We have some wonderful news. Dr. Bindu Joseph will start to be make house-calls on a monthly basis at Malta House. Her resume follows. We hope to have an informational evening for family members soon.

Wishing all of you a happy March with an early Spring!

Elisabeth Orchard, Executive Director

BINDU C. JOSEPH, M.D.

Medical Director, Geriatric Care Continuum
Providence Hospital, Washington, DC

PHILOSOPHY:

“I want my patients to feel at ease, knowing that I can help them with their healthcare issues. I strive to make sure my patients fully understand their diagnoses, by answering all questions and having an open dialog with my patients and their caregivers.”

BIOGRAPHY:

Dr. Bindu Joseph, is a Family Practice Physician, Board Certified in Geriatric Medicine and Palliative Care. Dr. Joseph specializes in a wide-base of services to seniors, ranging from preventive outpatient healthcare through assisted living to long term care. Her warm, forthright demeanor allows her patients to feel at ease as she accompanies them along life’s journey.

AREAS OF INTEREST:

- Geriatrics
- Palliative Care
- Pain Management
- Wound Care

EDUCATION AND TRAINING:

- Medical School – J.S.S. Medical College, Mysore, India
- Residency – Family Practice, Toledo, OH Fellowship – Geriatric Medicine, George Washington University Medical Center, DC
- Board Certified in Family Practice, Geriatric Medicine, Hospice and Palliative Care and Wound Care

To schedule an appointment, please call
(202) 854-7785. You’ll also find information available at www.provhosp.org

Our Kittens Looking for Homes:



Truffles, our black kitten, is very sweet and friendly. She has taken after her father, who still comes visits daily. He always waits patiently in the distance until all the kittens have eaten, then he will come and eat. She has had her shots and is spayed. She has the most beautiful green eyes.

Snuggles, is probably the most affectionate of the litter. She will go and visit anyone who comes into the court-yard. Our Sister Nancy has named her. She is her favorite cat and visits her every day. She has been praying for *Snuggles* to find her forever home.

Lily, is the baby of the litter. She used to be the smallest, but has grown into the sweetest cat. She greets everyone and loves to be petted. She loves to sleep with her sisters and will always find room for herself, regardless how tight it is going to be.

Please call me and arrange for a visit, if you know of someone who would like to give our kittens a good home. They are all vaccinated and spayed.



Our New Wellness Program

Please come meet our delegating nurse Joyce Kwadey, RN. She has implemented our new **Wellness Program** a couple of months ago. She makes weekly wellness visits with each resident and gives them a general check-up. The **Wellness Program** allows us to be more proactive with the health of our residents. Joyce has enjoyed getting to know everyone. She usually does her visits on Mondays and Tuesdays. Please feel free to drop in, if you would like more information about her role at Malta House. Joyce has also started holding regular mini-lectures for our residents about topics of interest.

Happy News

Please welcome Ann Boitel back to Malta House. After a short retirement, Ann has returned to Malta House on weekends. She would love to see all of you. She has really missed being here with us, Olivia and the kittens and is very happy to be back.

